

# Rockingham track day



## Get on track

**26<sup>th</sup> October 2008 - £199 per car**

Due to high demand for track days, Rockingham is delighted to offer a track day exclusively designed for car club members and individual drivers.

Whether it's your first track day or your 50th you will get a warm and friendly welcome at Rockingham.

Chat to your mates over the free tea and bacon sandwich, before a briefing with our experienced and helpful instructors. You'll be driving on the International Super Sports Car circuit, experiencing the same track raced by the BTCC, GT and F3 championships!

The day costs £199 for individual drivers, but if you are a car club member and there are a group of you, then you could benefit from our discounted rate of £175.



**For more information or to book call Nanette Houston on 01536 271534**



## **INFORMATION & ETIQUETTE**

A track day is an opportunity for individuals to enjoy the experience of driving their car on a circuit in a non-competitive environment, meaning that drivers of both road cars and race-prepared cars will be driving alongside each other.

### **1. Signing on**

All drivers and additional drivers will be required to show their licence and sign an indemnity form before participating in any track activity. In addition, any passengers must sign an indemnity form.

### **2. Licences**

In order to drive on circuit, you will need to hold a current MSA/FIA race licence, or a current valid UK driving licence (for UK licences you will need to show both card and counterpart licence at signing on).

If you cannot produce your licence at signing on you will not be allowed on track.

### **3. Briefing**

All drivers/additional drivers will be required to attend a safety briefing. Novices will be required to attend a short additional briefing.

Remember your flag signals:

GREEN	Circuit clear.
YELLOW	Danger, slow down, no overtaking.
WAVED YELLOW	Great danger. Slow down considerably - no overtaking. Prepare to change your line.
RED	Session stopped. Return to the pits slowly without overtaking.
BLACK	Return to pits immediately.
RED/YELLOW STRIPE	Slippery surface ahead; imminent slippery surface indicated when waved.
CHEQUERED	End of session. No overtaking, slow down and return to pits.

### **4. Wristbands**

Wristbands will be issued to drivers, additional drivers and passengers, and may be checked throughout the day, either by staff or marshals.

### **5. Clothing**

Arms and legs must be covered at all times. Comfortable clothing and sensible footwear is recommended, however racing suits are not compulsory.

### **6. Helmets**

Helmets - either open or full face - are compulsory for all drivers and passengers. Helmets can be hired from Rockingham for use on the day, however we recommend that you book these in advance.

### **7. Passengers**

Passengers must be 16 years or over. Those over 16 but under 18 must have the signature of their parent or guardian on both the booking and indemnity forms. Proof of age may be asked for.

All passengers must sign an indemnity form and wear the appropriate clothing and a helmet as detailed above.

### **8. Spectators**

Spectators are welcome, however children under 16 are not permitted in the pit garages or pit lane. Children must be supervised at all times.

## **9. Noise**

Rockingham's noise limit is 103db. Road cars should fall under this limit, if in doubt a noise test can be done on the day. Race cars must be silenced to at or lower than 103db. Noise testing will be carried out on the day and if you fail the noise test you will be asked to rectify the situation before you are allowed back out on track.

## **10. Car types allowed on track**

All models of car are acceptable, as long as they are road-legal (with an MOT if applicable) or race-prepared, as per the MSA competitors' yearbook.

## **11. Tyres**

Please ensure that your tyres are capable of withstanding the wear and tear of track driving. Expect hard wear and tear during dry weather, during wet conditions expect much less. The rule of thumb is to check them before and after each track session.

## **12. Fuel**

You can expect to use much more fuel than driving under normal road conditions, however, fuel will be available from Rockingham Fuel Station in the morning and during the lunch hour of every track day. Make sure you have enough for your journey home!

## **13. Insurance**

It is important to note that your car insurance is unlikely to cover you for track days. Therefore, although it is not mandatory to have insurance for your car whilst on track, Rockingham advises all drivers to consider taking out separate cover.

For advice on track day insurance contact:

Richard Eggar Insurance: 0115 985 0165

Competition Car Insurance: 0115 941 5255

## **14. Garages**

Garages are available on a first come, first served, shared basis. Garages for group bookings may be reserved in advance. Please contact Nanette Houston at Rockingham for more information on 01536 271534.

## **15. Sessions**

Rockingham will run either "open pit lane" or "session" track days as specified on the booking form.

Open pit lane: Cars will be allowed to run together.

Sessions: Cars run in 20 minute sessions. Groups will be allocated according to experience (novice, intermediate and advanced).

## **16. Payment Terms & Conditions**

Full payment is required on booking. Any cancellations must be notified in writing. Cancellation entitlement is as follows:

Seven days	A full refund
Seven to three days	Credit will be issued
48hrs or less	No refund

## **17. Health & Safety**

Rockingham is responsible for following duty of care guidelines and procedures in order to provide a safe and efficiently run track day for all customers.

Every track day will be fully marshalled and have 1 x Ambulance, 1 x Paramedic and 2 x technicians on duty. Our race control operator has 98% vision of the circuit, with the back up of CCTV and direct radio contact with all marshals. All instructors are ARDS qualified.